



# OAK HAVEN

## Oak Haven Apartment Homes

19445 David Memorial Dr.  
Shenandoah, TX 77385

Monday–Friday: 8:30 a.m.–5:30 p.m.

Saturday: 10 a.m.–5 p.m. Sunday: Closed

### Office & After-Hours Emergencies

Office Phone: (281) 363-4941

Maint. Emergency Pager: (281) 952-0263

### Staff

Amy Pollak ..... Community Manager  
 Johanna Bonilla ..... Leasing Specialist  
 Mickey Miracle ..... Leasing Specialist  
 John Mentz ..... Maintenance Technician



## Annual 4th of July Celebration

Come celebrate with us in the clubhouse

Tuesday, July 3rd, 2018 at 12:00 P.M. Oak

Haven will be serving Barbeque and refreshments. Hope to see everyone there! (this event is for residents only). *Please RSVP on the bulletin board before Friday, June 29th.*

## July 2018



### Happy Birthday!

Pat A. ....	7.3
Floyd S. ....	7.11
Myra K. ....	7.12
Connie S. ....	7.13
Eugene D. ....	7.15
Billy H. ....	7.17
Sybil T. ....	7.17
Terry H. ....	7.18
Melvin H. ....	7.18
Ann W. ....	7.20
Allen V. ....	7.21
Joseph. J. ....	7.21
Beverly H. ....	7.22
Louis R. ....	7.24
Susan P. ....	7.26
Lilian G. ....	7.30
Clements Jim H. ....	7.30



## Better Hearing With Melissa

Join us in the clubhouse on **Monday, July 2nd** at **11:00 A.M.**, for free hearing-aid cleaning and battery check.



## Happy 4th of July!

So that we may celebrate with our friends and family, the Oak Haven leasing office will be closed on Wednesday, July 4, 2018. Wishing all our residents a safe and happy 4th of July from Oak Haven Staff: *Amy, Johanna, Mickey and John.*

## Cosmic

### Close Encounter

The Earth will have a close encounter with Mars on July 31. Due to cyclical orbits, the two planets will be just 36 million miles away from each other instead of the usual average of 140 million miles. Mars will be easily visible as a bright orange-red star in the southern sky. The next time the red planet will be this close to Earth will be 2035.

Sunday	Monday	Tuesday
<b>1</b>	<b>2</b>	<b>3</b>
Rent Is Due 11:00 A.M. Church	9:30 A.M. Water Aerobics Class (Weather Permitting) 11:00 A.M. - 2:00 P.M. Better Hearing With Melissa (Free Cleaning Ear Aids and Free Battery Check) 2:00 P.M. Women's Bible Study	<b>Pest Control</b>  9:00 A.M. Chair Exercises <b>12:00 P.M. Annual 4th of July Celebration</b>
<b>8</b>	<b>9</b>	<b>10</b>
11:00 A.M. Church (Church Potluck)	9:30 A.M. Water Aerobics (Weather Permitting) 10:30 A.M. Red Hatters 2:00 P.M. Women's Bible Study 6:30 P.M. Bunco	<b>Pest Control</b>  9:00 A.M. Strengthening Chair Exercises 10:00 A.M. Specialize Telecommunications Assistance Program: Free Home Phones, Tablets, Hearing Devices Etc. 1:00 P.M. Bingo 4:30 P.M. Dinner Night Out Beijing
<b>15</b>	<b>16</b>	<b>17</b>
11:00 A.M. Church	9:30 A.M. Water Aerobics (Weather Permitting) <b>10:30 A.M. Coffee, Cookies and Current Events</b> 2:00 P.M. Women's Bible Study	<b>Pest Control</b>  9:00 A.M. Strengthening Chair Exercises 1:00 P.M. Bingo
<b>22</b>	<b>23</b>	<b>24</b>
11:00 A.M. Church	9:30 A.M. Water Aerobics (Weather Permitting) 2:00 P.M. Women's Bible Study	<b>Pest Control</b>  9:00 A.M. Strengthening Chair Exercises 1:00 P.M. Bingo
<b>29</b>	<b>30</b>	<b>31</b>
11:00 A.M. Church	9:30 A.M. Water Aerobics (Weather Permitting) 2:00 P.M. Women's Bible Study	<b>Pest Control</b>  9:00 A.M. Strengthening Chair Exercises 1:00 P.M. Bingo 4:30 P.M. Let's Go to Red Robin

Wednesday	Thursday	Friday	Saturday
<p><b>Independence Day</b>      <b>4</b></p> <p><b>OFFICE CLOSED - Happy 4th of July!</b></p>	<p style="text-align: right;"><b>5</b></p> <p>9:00 A.M. Chair Exercises 1:00 P.M. Bingo</p>	<p style="text-align: right;"><b>6</b></p> <p>3:00 P.M. Bunco 6:00 P.M. Water Aerobics (Weather Permitting)</p>	<p style="text-align: right;"><b>7</b></p>
<p style="text-align: right;"><b>11</b></p> <p>9:30 A.M. Tai Chi Class <b>2:00 P.M. Arts and Craft Social, Optional to Bring Your Own Project</b> 6:00 P.M. Water Aerobics (Weather Permitting)</p>	<p style="text-align: right;"><b>12</b></p> <p>9:00 A.M. Chair Exercises 1:00 P.M. Bingo</p>	<p style="text-align: right;"><b>13</b></p> <p>10:30 A.M. Pokeno 2:00 P.M. Book Club Meeting at Rose Mae's Home #601 6:00 P.M. Water Aerobics Class (Weather Permitting)</p>	<p style="text-align: right;"><b>14</b></p> <p><b>9:30 A.M. Breakfast in Clubhouse</b> 2:00 P.M. Candy Core</p>
<p style="text-align: right;"><b>18</b></p> <p>9:30 A.M. Breakfast at Denny's RSVP 1:00 P.M. Oak Haven Quilters, Knitting and Crocheting Groups Welcome 6:00 P.M. Water Aerobics (Weather Permitting)</p>	<p style="text-align: right;"><b>19</b></p> <p>9:00 A.M. Chair Exercises 1:00 P.M. Bingo <b>3:15 P.M. Resident Birthday Party! (Honoring July's Birthdays)</b></p>	<p style="text-align: right;"><b>20</b></p> <p>3:00 P.M. Bunco 6:00 P.M. Water Aerobics (Weather Permitting)</p>	<p style="text-align: right;"><b>21</b></p> <p>7:00 P.M. Fire Pit</p>
<p style="text-align: right;"><b>25</b></p> <p>9:30 A.M. Tai Chi 10:30 A.M. Oak Haven Havenaires Music &amp; Singing 6:00 P.M. Water Aerobics (Weather Permitting)</p>	<p style="text-align: right;"><b>26</b></p> <p>9:00 A.M. Chair Exercises 1:00 P.M. Bingo</p>	<p style="text-align: right;"><b>27</b></p> <p>10:30 A.M. Pokeno 6:00 P.M. Water Aerobics (Weather Permitting)</p>	<p style="text-align: right;"><b>28</b></p> <p><b>4:30 P.M. Resident Potluck</b></p>

# July 2018

**We hope your  
Independence Day  
is a Blast!**

**Have a safe and happy Fourth!**

## **Creamy Tomato and Spinach Pasta**



**Ingredients:** 1 tablespoon olive oil, 1 small onion, diced 2 cloves garlic, 15 oz can diced tomatoes, 1/2 tsp dried oregano, 1/2 tsp dried basil, pinch of red pepper flakes, 1/4 tsp freshly ground pepper, 1/2 tsp salt, 2 1/2 tablespoons tomato paste, 1/2 cup water, 2 oz. cream cheese, 1/4 cup grated Parmesan, 1/4 lb. pasta (or penne), 1 1/2 heaping cups fresh spinach **instructions:** Add olive oil, minced garlic and diced onion to a large skillet. Cook for a few minutes until softened and transparent. Add tomatoes, oregano, basil, red pepper flakes, salt, and pepper to the skillet and stir to combine. Add the tomato paste and water and stir well. Add cream cheese to skillet, whisking it into the sauce until melted. Add Parmesan cheese and whisk until melted in. Add the fresh spinach and gently stir it into the sauce until it has wilted. Add the pasta and stir until well coated in the sauce. Serve warm.